

Pre-reading:

1. Try to guess what the extract from a chapter called 'Meet your Memory' might be about.

Reading

1. Examine the extract and identify the topic sentence of each paragraph

2. Study the extract again and list at least five main questions the chapter deals with

3. Compare your answers to question 2 with the headings for the same chapter (below). How similar are they to your questions?

Meet your Memory

What are the stages of memory

What are the short-term and long-term memory?

Short-term memory

Long-term memory

How can we measure memory?

Recall

Recognition

Relearning

How do we remember pictures versus words

Why do we forget?

Passive decay

Regression

Systematic distortion

Interference

3. Answer the following question according to the text

a- Name the theories that explain we forget according to the text

4. Read the last paragraph and say if it adds to your comprehension of the introductory paragraph

5- Suggest a title to the text

6- Find in the text ONE important point according to the writer

7- What about you? Which idea/ point do you consider as important? Why?