

Present Simple vs Present Continuous

1. The Present Simple

Use: We use the Present Simple to talk about habits, facts, and permanent situations.

Affirmative Form	Structure: Subject + base verb (+s/es for he/she/it)
Examples	I work in a hospital. / She works in a hospital.
Negative Form	Structure: Subject + don't/doesn't + base verb
Examples	I don't work on Sundays. / He doesn't work on Sundays.
Question Form	Structure: Do/Does + subject + base verb
Examples	Do you work on weekends? / Does she like pizza?

2. The Present Continuous

Use: We use the Present Continuous to talk about actions happening now or temporary situations.

Affirmative Form	Structure: Subject + am/is/are + verb-ing
Examples	I am working right now. / They are working in the garden.
Negative Form	Structure: Subject + am not/isn't/aren't + verb-ing
Examples	I am not working today. / He isn't working right now.
Question Form	Structure: Am/Is/Are + subject + verb-ing
Examples	Am I working? / Is she studying? / Are they playing?

3. Key Differences

Present Simple	Present Continuous
Habitual actions	Actions happening now
Facts or routines	Temporary actions
She plays tennis every Sunday.	She is playing tennis now.
I work in a bank.	I am working on a new project.

4. Practice Examples

1. I usually eat breakfast at 7:00, but today I am eating at 9:00.
2. He doesn't like coffee, but he is drinking tea now.
3. Do you work on weekends?
4. Are you working now?
5. She studies every day, but today she isn't studying.