

# Week 10: Urbanization and Population Growth

## 1. The Relevance of Urbanization and Population Growth in Geography

Urbanization and population growth are two closely related phenomena that significantly shape the modern world. From a geographical perspective, urbanization refers to the increasing number of people living in urban areas, while population growth describes the overall rise in the number of inhabitants within a specific region or globally. These processes are central to geographical studies because they impact land use, housing, infrastructure, transportation, resource consumption, and environmental sustainability. Understanding how these changes affect urban planning, spatial organization, and human-environment interactions is critical for future geographers and planners.

Studying these topics in English provides students with access to a wide range of international research, policy documents, and statistical reports. Organizations such as the United Nations, World Bank, and UN-Habitat publish comprehensive data and case studies in English, making it the key language for global academic and professional communication in urban studies and demography.

## 2. Vocabulary Development: Urbanization and Population

This session introduces core terminology related to urbanization and population studies. The word **urbanization** is defined by the *Cambridge Dictionary* as “the process by which towns and cities grow as more people begin living and working in central areas.” The *United Nations* describes it more specifically as “the gradual increase in the proportion of people living in urban areas, and the ways in which societies adapt to this change.” The term **population growth** is defined by the *Oxford Dictionary* as “an increase in the number of people in a particular area,” while the *World Health Organization (WHO)* defines it as “the change in the number of individuals in a population over time, which can result from births, deaths, and migration.”

Other key vocabulary includes:

- **Urban sprawl:** the uncontrolled expansion of urban areas into surrounding rural land.
- **Megacity:** a city with a population of over 10 million people.

- **Density:** the number of people living per unit of area, often per square kilometer or mile.
- **Infrastructure:** the basic systems and services, such as transport, water supply, and energy, needed for a city or society to function.

Example sentence:

“The rapid urbanization in Southeast Asia has led to overcrowded cities, traffic congestion, and pressure on infrastructure.”

### 3. Grammar Focus: Comparatives and Superlatives

To compare urban areas, describe trends, and analyze population data, students must use comparatives and superlatives effectively. Comparatives are used when comparing two things (e.g., "larger", "more crowded"), and superlatives are used to describe one thing as having the highest degree of a quality (e.g., "the most populated", "the largest").

Examples:

- “Algiers is **more populated** than Constantine.”
- “Tokyo is **the most crowded** megacity in the world.”
- “The infrastructure in City A is **better** than that in City B.”
- “Urban sprawl is **worse** in cities with weak planning systems.”

Students practice describing cities and trends using comparative structures, especially when interpreting data or graphs.

### 4. Reading Activity: A Report on Urban Growth

“The world’s urban population has increased rapidly over the last few decades. According to the United Nations, more than 55% of the global population now lives in cities, and this figure is expected to reach 68% by 2050. The fastest urban growth is occurring in Asia and Africa, where rural-to-urban migration is transforming city landscapes. Urbanization brings opportunities for economic development but also challenges such as overcrowding, pollution, housing shortages, and traffic congestion.”

#### Comprehension Questions:

1. What percentage of the global population currently lives in cities?

2. Which continents are experiencing the fastest urban growth?
3. What are some challenges of urbanization?.

### **5. Speaking Task: Discussing Urban Life**

In small groups, students are encouraged to describe cities they know and compare urban challenges across different regions.

Sample questions:

- What are the biggest problems in large cities?
- How is population growth affecting your town?
- Do you prefer living in a city or in the countryside? Why?

### **6. Writing Task: Descriptive Paragraph on a City**

write a paragraph about a city experiencing rapid urbanization. They should describe the population size, main characteristics, urban problems, and possible solutions.

Model answer:

“Lagos, Nigeria, is one of the fastest-growing cities in Africa. It has a population of over 21 million people. The city is known for its vibrant economy and cultural diversity, but it also faces problems such as traffic congestion, poor sanitation, and housing shortages. The government is working on urban renewal projects, building roads and expanding public transport. More sustainable planning is needed to meet the needs of this growing population.”

### **7. References**

- United Nations Department of Economic and Social Affairs (UN DESA). *World Urbanization Prospects*.
- Oxford Learner's Dictionary.
- Cambridge English Dictionary.
- WHO – Population and Development Report.
- Oxford English for Careers: Geography. Oxford University Press.
- UN-Habitat. *State of the World's Cities*.