Sentence Stress in English

1. Definition of Sentence Stress

Sentence stress refers to the emphasis placed on certain words within a sentence to convey meaning, focus, and emotion. In English, **content words** (nouns, main verbs, adjectives, and adverbs) are typically stressed, while **function words** (prepositions, pronouns, auxiliary verbs, articles, and conjunctions) are usually unstressed.

For example:

• *She bought a new car yesterday.* (The main information is conveyed through the stressed words: *bought* and *new car.*)

Sentence stress plays a crucial role in **sentence rhythm, clarity, and meaning interpretation** in spoken English.

2. Types of Sentence Stress

There are different ways in which stress is used in sentences:

A. Normal Stress (Neutral Stress Pattern)

In neutral speech, sentence stress falls on the **content words** that carry the key information.

- I saw a beautiful house in the city.
- They finished the project on time.

B. Contrastive Stress

Stress can be used to emphasize a specific word to contrast it with another or correct a misunderstanding.

- I wanted a red dress, not a blue one!
- She called him, not texted him.

C. Emphatic Stress

This type of stress is used to express strong emotions such as surprise, disbelief, or importance.

- I really love this movie!
- You must be joking!

D. New Information Stress

When introducing new information in a conversation, we stress the new or important word.

- What did you do yesterday?
 - *I went to the market*. (The new information is "market.")
- Who broke the window?
 John broke the window. (The focus is on "window.")

3. Sentence Stress and Intonation

Stress and intonation often work together to convey different meanings:

- **Rising intonation** (often in yes/no questions)
 - Are you going to the party?
- Falling intonation (often in statements and WH-questions)
 - She **bought** a new car.
 - Where is the **library**?

5. Exercises

A. Identify the stressed words

Read the following sentences and underline the words that should be stressed:

- 1. She went to the supermarket to buy some vegetables.
- 2. I didn't say he stole the money.
- 3. We are traveling to London next week.
- 4. *I didn't say he stole the money*. (Someone else said it.)
- 5. I didn't say he stole the money. (Maybe someone else stole it.)
- 6. *I didn't say he stole the money.* (Maybe he stole something else.)

C. Emphatic Stress Practice

Read the following sentences with strong emphasis on the highlighted words:

- 1. I really don't like that movie!
- 2. You must be kidding!
- 3. I love chocolate!